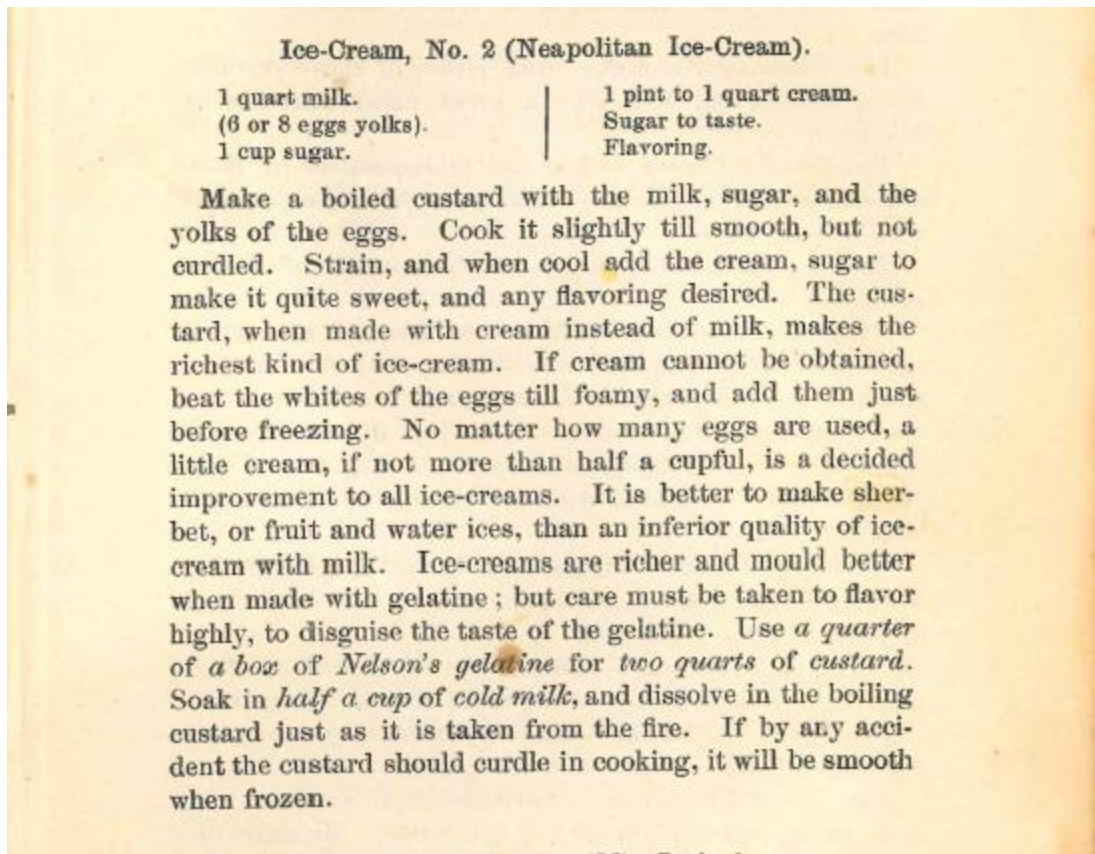


Winter Ice Cream

Today, ice cream is a common summer treat. However, prior to widespread use of refrigeration, ice was a valuable commodity. Communities financially supported ice houses and the ice cultivation necessary to keep ice supplies for the ubiquitous ice boxes and occasional summertime ice cream. For isolated homesteaders ice cream was a winter treat. In her diaries, Evelyn Cameron described several occasions during which she and neighbors enjoyed ice cream. The most descriptive entry was from Sunday, February 19, 1911. Below find the exact recipe cited by Cameron, "Mrs. Lincoln's custard ice cream #2," as well as her detailed observations on the process.

When was the last time you had homemade ice cream?



Mary J. Lincoln, Mrs. Lincoln's Boston Cookbook (Boston: Roberts Brothers, 1890), pg.363.

Made Custard Ice Cream. Ex 8 to Williamson
 1/2 lb. h. 4/10 1/2 lb. Mase 12 a Hoar 7/19 30
 Ther. SUN. FEB. 19 1911
 Bright after 11. No kite for all morning
 Janet & I made bread together to get fast
 made waffles! Dada & I. was part to
 make 1/2. Chores were out. 1/2 2/5:
 made farewell for you all had gone
 head about. Put cleaned out
 1/2 2/5. Janet. Read aloud to
 & barn. W. up. made w. in color Custard
 ice cream w. 2. with Helo's gelatine
 in it turned out fine 1/2 hr. to freeze.
 Made Custard in heater risky as
 the sauce pan had to be tilted to get it
 in & v. liable to burn as you there. I
 made a second boat cups full pour of
 Custard & melted chocolate in the freezer
 separately (after taking most of best &
 hot out of pack in gallon jar) the choc
 froze in little lumps ought to have
 mixed with cup first v. g. tho. Chaired
 started 2.15. Janet out to meet us she
 saw us come home, woe, off shore not
 expected tho. Delighted with ice cream
 she all had some but given. He called
 amount of material for glasses, buckets
 cover & fillers see beque diary.
 Home 6. Chores. Quizer Cookies took home

MC 226, Evelyn J. Cameron and Ewen S. Cameron papers, 1893-1929, MHS Research Center Archive